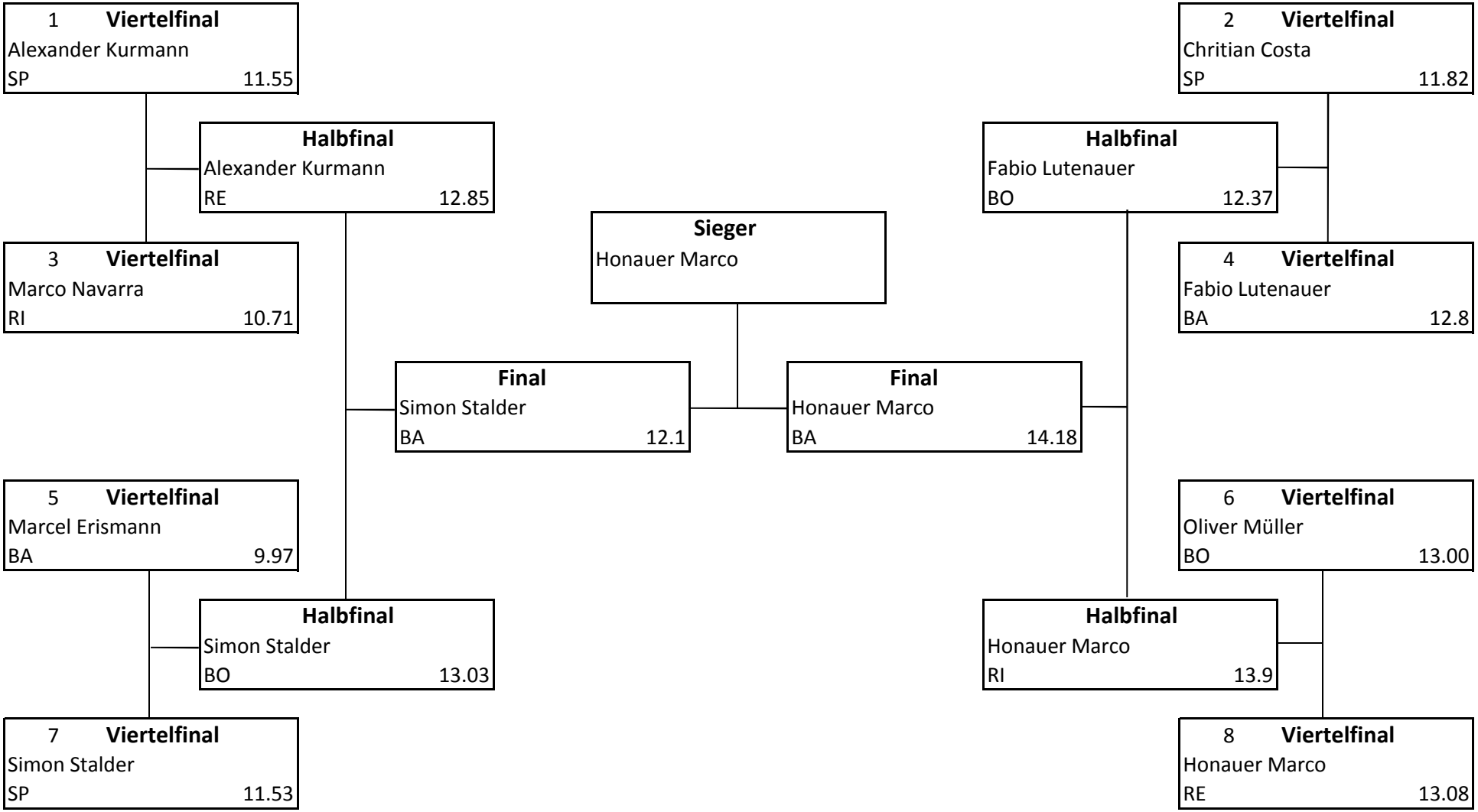Mammut Cup 2010 Männer